

Positive Alternatives 2017 - 18 Quarterly Update

Grantee (Name and city): Wakota Life Care Center, West St. Paul

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Goal: To provide necessary services and referrals to pregnant and parenting women in Dakota and Ramsey

For the period/quarter: July 1 through September 30, 2017/1st Quarter, 2017-2018

| Activity or Service | Activity or Service Description Major Work Plan Activities | Work Plan Count | Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity. | Report Count |
|---------------------------|---|-----------------|--|--------------|
| Administrative Activities | Administer all Positive Alternative grant activities | | | |
| Outreach | Develop relationships and partnerships with strategic community agencies in our service area, focusing on the Latino community. | | | |
| Case Management Services | Provide follow up calls/contact with positive pregnancy test clients. | 50 | Our numbers continue to go up due to the amount of new clients we are seeing each month, resulting in a greater number of follow up calls. | 84 |

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|--|---|------------------------|--|---------------------|
| Crib Distribution/ Sleep Safety Education | | 10 | As one of the only providers of free Pack 'n Plays in the area, as our clients demand goes up, our distribution does as well. We are also seeing an increase due to our Childbirth, Doula program. | 63 |
| Financial Assistance | Provide assistance in completing financial aid applications (Cradle of Hope, Life Fund, and other applicable agency applications) to pregnant and parenting women. | 25 | We have not seen as many requests for financial assistance this quarter. | 13 |
| Life-Skills Education Program | Provide educational programs to pregnant and parenting women that are about building life skills such as budgeting, relationship building, and housing. | 5 | Classes: Life Coaching 2 Finance/Budgeting 2 Housing 16 Entrepreneur 2 Employment 1 Education 1 | 24 |
| Material Support | Provide baby and maternity clothing, diapers, layettes, baby equipment or furniture items (non-incentive based) to pregnant and parenting women (once-a-month frequency). | 175 | As referenced above, our monthly client count has risen to well-over 300 with about 50+ new clients a month. | 807 |
| Nutrition | Provide prenatal vitamins to every pregnant women with a positive pregnancy test. | 35 | This number corresponds to our pregnancy testing numbers. | 45 |

| Maternal and Child Health Initiative Task Force Strategies | No. |
|---|------------|
| <i>Number of women who received car seats and car seat safety education from a PA funded program activity</i> | 19 |
| <i>Number of women who received car seat safety education only from a PA funded program activity</i> | 0 |
| <i>Number of women who received child abuse prevention education from a PA funded program activity</i> | 0 |
| <i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i> | 63 |
| <i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i> | 63 |
| <i>Number of women who received sleep safety education only from a PA funded program activity</i> | 0 |

Challenges:

Comments:

Demographic Reporting Form

Individual – Quarterly Totals

Positive Alternatives

Dates: July1-September 30, 2017 Grantee Name: Wakota Life Care Center

1. Client Age Range:

| | | | | | | | |
|----------|-------|-------|-------|-------|-------|-----|-------------|
| Under 15 | 15-17 | 18-19 | 20-24 | 25-29 | 30-34 | 35+ | Unknown age |
| 0 | 8 | 15 | 68 | 64 | 29 | 50 | 3 |

2. Client Pregnancy Status:

| | | | | | |
|---------------|---------------|---------------|-------------|--------------------------|-------------------------------|
| 1st Trimester | 2nd Trimester | 3rd Trimester | Post-partum | Pregnancy Status Unknown | Other (Father or Grandparent) |
| 51 | 17 | 49 | 50 | 0 | 5 |

3. Client Marital Status:

| | | |
|---------|-------------|------------------------|
| Married | Not Married | Marital Status Unknown |
| 64 | 172 | 1 |

4. Client Race:

| | | | | | | |
|-------------|------------------------|------------------------|-----------------------|---------------------|--------------------|---------------|
| Race: White | Race: African American | Race: African-American | Race: American Indian | Race: Asian Pacific | Race: Other/ Multi | Race: Unknown |
| 125 | 48 | 26 | 15 | 9 | 14 | 0 |

5. Client Ethnicity:

| | | |
|-------------------------|------------------------|--------------------|
| Hispanic Ethnicity: Yes | Hispanic Ethnicity: No | Ethnicity: Unknown |
| 87 | 120 | 0 |

6. Client Type:

| | | | |
|--------|--------|-------------|-------|
| Mother | Father | Grandparent | Other |
| 231 | 4 | 2 | 0 |